

West Yorkshire and Harrogate Lead Cancer Nurse Treatment Summary

Principles

Background

Cancer survival is at its highest ever, with significant improvements made over the last 15 years. The number of people living with cancer in the UK has risen by 400,000 in the last five years - taking the total number of people living with cancer in the UK to 2.5 million. More than half of people receiving a cancer diagnosis will now live ten years or more. This progress has been driven by improvements in our knowledge of how to treat and control cancer, combined with the commitment of NHS staff to deliver transformative care. We need to make sure that we don't just help more people to live following a cancer diagnosis, but to live well. Achieving World-class Cancer Outcomes, A Strategy for England 2015-2020⁽¹⁾, emphasises the importance of taking a whole person, whole pathway approach to the commissioning and provision of cancer services, and highlights the need to improve quality of life for people living with and beyond cancer as a key component of that. This was reiterated by the Secretary of State in September 2015 in his statement of support for the new strategy, in which he committed to ensuring that every cancer patient receives the interventions known as the 'Recovery Package'. More recently the Long term plan⁽²⁾ published January 2019, stated that every person with cancer will have access to personalised care.

The Recovery Package^(3,4) is a set of essential interventions designed to deliver a person centred approach to care for people affected by cancer. This includes:

- Holistic Needs Assessment (HNA) and care planning⁽⁵⁾
- Treatment Summary (TS)
- Health and wellbeing events
- Cancer Care Review (CCR)

Treatment Summary

Developed to support improved communication between cancer services and primary care, the treatment summary is produced by secondary cancer care professionals at the end of primary treatment⁽⁴⁾ (the end of first treatment or treatments given) and sent to the patient's GP practice to inform primary care professionals of any actions they need to take and who to contact with any questions or concerns. The patient also receives a copy to improve their understanding of and ability to manage their condition and to provide a summary to share with other professionals. Treatment Summaries may also be used at other points in the journey, for example following treatment for recurrence or referral from secondary care to palliative care. It is used to inform the GP Cancer Care Review⁽⁶⁾. A copy of the treatment summary in the case notes is also useful for medical staff if the patient is admitted in an emergency after primary treatment is complete.

Key information to be included in the Treatment Summary

- Diagnosis
- Date of diagnosis
- Staging of disease
- Summary of treatment and relevant dates

Date Agreed March 2019
Date for review March 2021



- Treatment aim
- Possible treatment toxicities and / or late effects
- Alert symptoms requiring referral back to specialist team
- Contact for re referrals or queries (in hours / our of hours)
- Secondary care ongoing management plan
- Required GP actions in addition to Cancer care Review
- Other service referrals made
- Summary of information given to the patient about their cancer and future progress
- Additional information including issues relating to lifestyle and support needs
- Advise entry onto primary care palliative or supportive care register
- DS1500 application completed
- Prescription charge exemption arranged

(1) *Cancer Transformation Programme, Five Year Forward View, NHSE; Achieving World Class Cancer Outcomes*

https://www.cancerresearchuk.org/sites/default/files/achieving_world-class_cancer_outcomes_-_a_strategy_for_england_2015-2020.pdf

(2) <https://www.longtermplan.nhs.uk/publication/nhs-long-term-plan/>

(3) *Recovery Package*

<https://www.macmillan.org.uk/about-us/health-professionals/programmes-and-services/recovery-package>

(4) *West Yorkshire and Harrogate Memorandum of Understanding*

<https://canceralliance.wyhppartnership.co.uk/our-work/living-with-and-beyond-cancer/living-and-beyond-cancer-information-those-providing-care-and-sup>

(5) *West Yorkshire and Harrogate Lead Cancer Nurse |Gold Standard for Holistic Needs Assessment and Care Plans*

<https://canceralliance.wyhppartnership.co.uk/our-work/living-with-and-beyond-cancer/living-and-beyond-cancer-information-those-providing-care-and-sup>

(6) *Carrying out an effective cancer care review*

https://www.macmillan.org.uk/_images/carrying-out-an-effective-ccr_tcm9-297613.pdf

This document has been written by the Lead Cancer Nurse Group in following six acute trusts:

Airedale 
NHS Foundation Trust

Bradford Teaching Hospitals 
NHS Foundation Trust

Calderdale and Huddersfield 
NHS Foundation Trust

Harrogate and District 
NHS Foundation Trust

The Leeds Teaching Hospitals 
NHS Trust

The Mid Yorkshire Hospitals 
NHS Trust